

# The City Bridge Trust

## Investing In Londoners: Application for a grant



### About your organisation

Name of your organisation: <b>St Michael's Fellowship</b>	
If your organisation is part of a larger organisation, what is its name? <b>N/A</b>	
In which London Borough is your organisation based? <b>Lambeth</b>	
Contact person: <b>Ms Hillary Box</b>	Position: <b>Head of Fundraising</b>
Website: <a href="http://www.stmichaelsfellowship.org.uk">http://www.stmichaelsfellowship.org.uk</a>	
Legal status of organisation: <b>Registered Charity</b>	Charity, Charitable Incorporated Company or company number: <b>1035820</b>
When was your organisation established? <b>05/01/1903</b>	

### Grant Request

Under which of City Bridge Trust's programmes are you applying? <b>Making London Safer</b>
Which of the programme outcome(s) does your application aim to achieve? <b>More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being</b> <b>Domestic violence survivors empowered to avoid or leave violent, abusive or exploitative situations</b>
Please describe the purpose of your funding request in one sentence. <b>DiVa 360: Breaking cycles of domestic abuse in young families, working with young mothers, their children and their ex-partners</b>
When will the funding be required? <b>03/09/2018</b>
How much funding are you requesting? Year 1: <b>£46,000</b> Year 2: <b>£46,920</b> Year 3: <b>£47,858</b>  <b>Total: £140,778</b>



**Aims of your organisation:**

To improve the lives and futures of disadvantaged families in London and the south east and to secure the best possible future for their children. We look to break intergenerational cycles of poverty, abuse and underachievement and keep families together where this is in the best interest of the child. We aim to help children become healthy, confident and financially independent citizens.

**Main activities of your organisation:**

- family assessments and support in residency to secure the best possible future for the child; 12-week residencies for families, spot purchased by various local authorities (24 LAs in 2017 - 18); since 1994
- 'Securing Change': support for women losing their child to Court order, to reduce cycles of repeat care proceedings and help women access alternative futures; new pilot service 2018-2021
- 'Jigsaw' accredited family contact service to help families rebuild relationships where children are fostered, adopted or living with the other parent; to promote co-parenting and a more stable experience for the child; includes supervised contact we ordered by LA or Court; since 2010
- outreach to young parents in Lambeth to stabilise their personal situation, build parenting skills and to support these young people into education, employment or training; since 2000

**Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
<b>47</b>	<b>7</b>	<b>9</b>	<b>6</b>

**Property occupied by your organisation**

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
<b>Rented</b>	<b>five years</b>



## Summary of grant request

### Need

Lambeth has one of the highest rates of reported sexual violence in London and this is confirmed by the work we have been doing for many years to support young Lambeth parents. A fifth of the children of parents we work with 1:1 are registered on Child Protection or Child in Need plans because of the dangers posed by domestic violence. Equally we are aware of the need to break intergenerational cycles - parents have often witnessed domestic violence in their own childhood, distorting views and expectations of relationships. We are members of Lambeth's VAWG Forum and chair Lambeth's Voluntary & Community Services Network which works with many different ethnic minority groups. We know there is little intervention/prevention work in our area, and none replicating the services we offer.

We have been commissioned by Lambeth to deliver outreach services to young parents since 2008. In autumn 2018 we realigned our outreach services around our early intervention work to combat generational cycles of domestic abuse. This allows us, whilst building on many years' support for young parents around complex, interrelated issues, to work more strategically and to put a sharper focus on outcomes. This approach has already had some success. Lambeth Early Action Partnership (LEAP) has commissioned us to deliver an additional two weekly groups around domestic abuse for women.

### Delivery:

DiVa 360 will deliver evidence based programmes to mothers, fathers and children, all aimed at helping participants, whatever their age, to exit (or not to enter) a lifecycle of domestic abuse as victim or perpetrator. We will also offer one to one support, in some cases in addition to a group programme, in others separate from it; and operate a family contact service which is primarily to allow children from a domestically abusive household to maintain safe contact with the perpetrator.

Our expectations of success are built on published research and our own work in this field over more than a decade. DiVa 360 will be delivered by a well-established and very highly regarded staff team.

Numbers of beneficiaries reflect the bespoke nature of the interventions that are required to effect real change. Entrenched, complex issues rarely have simple solutions.

DiVa 360 is a 3-year project. Evaluation and reporting are included in the budget. Robust evidence will allow us to move towards a more self-sustaining model. Some funding is already in place from Lambeth and other trusts and we have a funding plan to secure the balance. During the past two years, we have made a successful start on reducing our reliance on Lambeth. We have been helped by Social Finance consultancy through the Stepping Stones fund to scope potential markets.

### Good Practice

Young parents are actively involved in developing the service and peer groups are a key part of our service delivery. We value diversity and promote our work to hard to reach young people and minorities via the VCS network in Lambeth which we chair. Young parents who volunteer with us are well supported and go on to work with us and other organisations on a professional basis. Our Eco Audit and Review are being used by City Bridge as a particularly effective eco-audit and a good example to share with another organisation.



If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

**DiVa facilitated peer support group for young mothers in Lambeth in abusive relationships 46 weeks pa. Sessions focus on eg Freedom Programme, Power and Control Wheel, domestic abuse and the law, impact on children, safeguarding, leaving an abusive relationship. Sessions may build around a participant's urgent issues.**

**Caring Dads: evidence-based 17-week programme for young fathers in abusive relationships to cover understanding of fathering, own experience, recognising hurtful, abusive and neglectful behaviours, problem solving, rebuilding trust and healing. Partners / ex-partners may attend DiVa.**

**Children's Community Group Programme ? 12-week psycho-educational, group work programme for children aged 4 - 6 years who have experienced domestic violence. Delivered in parallel with mothers' group; working towards sufficient change to prevent violence in child's future and ensuring children learn safety skills.**

**One to one practical, emotional and therapeutic support for young mothers fathers to complement DiVa & Caring Dads. Young parents have their own key worker who offers a 'one stop shop' of practical and emotional support. Staff support parents with multiple issues alongside improving parenting skills.**

**Supervised and family contact ? supervised contact is a common requirement in cases of domestic violence, to protect child and mother. Contact between child and father (where safe) increases children's happiness and wellbeing, their resilience and ability to make friends, and educational achievements.**





What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for Individuals, families, communities or the environment.

**Young mothers having experienced domestic abuse will improved mental and health wellbeing; their confidence and independence will increase; their skills and knowledge around identifying and protecting themselves and their children from domestic abuse will increase; risky behaviours such as involvement with violent (ex)partners, self-harm and substance misuse will decrease.**

**Young mothers having experienced domestic abuse will feel empowered to access general social, health and education services for themselves and their children.**

**Young fathers who have abused previous partner(s) will break this cycle. They will value the child's birthmother and her role and enter any new relationship with a full understanding of the destructive impact of domestic abuse on women and children, and the skills and determination to break behavioural patterns.**

**Children who have witnessed domestic abuse will be safer (reduced risk of child abuse). Their mental and physical health, self-confidence and life chances will improve. They will be better able to form relationships, have meaningful contact with both parents and be and less likely to repeat generational cycles of domestic abuse.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

**Working with Social Finance with a CBT Stepping Stones grant, we will establish markets for a discrete programme component: Caring Dads for young fathers. Over the 3 years we will extend this exercise to three other services: DiVa for mothers, Community Group Programme, which will be further segmented to reach children in different age brackets, and Jigsaw family contact service.**



## Who will benefit?

### About your beneficiaries

How many people will benefit directly from the grant per year?

**312**

In which Greater London borough(s) or areas of London will your beneficiaries live?

**Lambeth (100%)**

What age group(s) will benefit?

**0-15**

**16-24**

**25-44**

What gender will beneficiaries be?

**All**

What will the ethnic grouping(s) of the beneficiaries be?

**A range of ethnic groups**

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

**1-10%**



## Funding required for the project

### What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Salaries, Oncosts & Training	226,057	230,577	235,190	691,824
Direct Costs 1:1 support (additional to programmes below)	1,584	1,616	1,648	4,848
Direct Costs for DiVa Group 46 weeks pa	3,470	3,534	3,600	10,604
Direct Costs for Caring Dads 68 sessions pa	8,160	9,823	8,740	26,723
Direct Costs for Children's Community Group Programme	7,260	5,832	4,655	17,747
Direct Costs for Jigsaw Family Contact Centre	4,570	4,656	4,745	13,971
IT	3,684	2,228	2,272	8,184
Membership fees & accreditations	3,783	3,783	3,783	11,349
Central Management	30,400	31,008	31,628	93,036
<b>TOTAL:</b>	<b>288,968</b>	<b>293,057</b>	<b>296,261</b>	<b>878,286</b>

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Lambeth	117,049	117,049	117,049	351,147
Jigsaw Income (based on current levels)	23,400	23,868	24,345	71,613
Stepping Stones	8,580	0	0	8,580
Trusts & Foundations	33,486	9,939	9,986	53,411
<b>TOTAL:</b>	<b>182,515</b>	<b>150,856</b>	<b>151,380</b>	<b>484,751</b>

### What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
St James's Place Charitable Foundation	54,480	55,570	56,681	166,731
[to be applied from] annual Small Trusts Mailing	0	10,000	10,000	20,000
[to be applied from] London Marathon sponsors	5,000	10,000	10,000	25,000
Other trusts to be identified	0	20,000	20,000	40,000
<b>TOTAL:</b>	<b>59,480</b>	<b>95,570</b>	<b>96,681</b>	<b>251,731</b>

### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
FT Young Parent Practitioner Salary Scale 33 + LW	32,796	33,452	34,121	100,369
NI	4,526	4,617	4,709	13,851
Pension	1,078	1,100	1,122	3,299
Overheads	7,600	7,752	7,907	23,259
<b>TOTAL:</b>	<b>46,000</b>	<b>46,921</b>	<b>47,859</b>	<b>140,778</b>



## Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: <b>March</b>	Year: <b>2017</b>
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Income received from:	£
Voluntary Income	149,147
Activities for generating funds	0
Investment income	2,457
Income from charitable activities	2,211,478
Other sources	3,006
<b>Total Income:</b>	<b>2,366,088</b>

Expenditure:	£
Charitable activities	2,272,242
Governance costs	36,191
Cost of generating funds	90,246
Other	0
<b>Total Expenditure:</b>	<b>2,398,679</b>
<b>Net (deficit)/surplus:</b>	<b>-32,591</b>
<b>Other Recognised Gains/(Losses):</b>	<b>0</b>
<b>Net Movement in Funds:</b>	<b>-32,591</b>

Asset position at year end	£
Fixed assets	18,698
Investments	0
Net current assets	1,048,629
Long-term liabilities	0
<b>*Total Assets (A):</b>	<b>1,067,327</b>

Reserves at year end	£
Restricted funds	109,257
Endowment Funds	0
Unrestricted funds	958,070
<b>*Total Reserves (B):</b>	<b>1,067,327</b>

**\* Please note that total Assets (A) and Total Reserves (B) should be the same.**

### Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

~~1-10%~~ *incorrect = c. 80%+*

### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None





### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	Year 3 £	Year 2 £	Most recent £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	2,222,897	2,394,359	2,086,348
London Councils	29,990	0	0
Health Authorities	0	0	0
Central Government departments	6,000	7,000	6,000
Other statutory bodies	0	0	0

### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	Year 3 £	Year 2 £	Most recent £
Trusthouse Foundation	0	10,000	20,000
Leathersellers Trust	125,000	12,500	12,500
Rayne Foundation	0	12,500	12,500
Howberry Trust	0	15,000	0
Clothworkers Foundation	0	21,000	0

### Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes      Full Name: **Hillary Box**

Role within                      **Head of Fundraising**  
Organisation:

